

REGISTRATION

TEAM: \_\_\_\_\_

NAME: \_\_\_\_\_

AGE: \_\_\_\_\_ SEX: \_\_\_\_\_ BIRTHDAY: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_

PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

NAME OF PARENT/GUARDIAN: \_\_\_\_\_

PHONE: \_\_\_\_\_

IN CASE OF EMERGENCY CONTACT: \_\_\_\_\_

PHONE: \_\_\_\_\_

RELATIONSHIP: \_\_\_\_\_

FAMILY PHYSICIAN: \_\_\_\_\_

PHONE #: \_\_\_\_\_

INSURANCE CARRIER: \_\_\_\_\_

POLICY #: \_\_\_\_\_

ARE THERE ANY ALLERGIES, MEDICATIONS, OR MEDICAL HISTORY WE SHOULD BE AWARE OF? \_\_\_\_\_

**TEAM INFORMATION:**

SHIRT SIZE: KID'S M L ADULT S M L

IS THIS YOUR FIRST YEAR PARTICIPATING IN THE LEAGUE? YES NO

IF NO, HOW MANY YEARS HAVE YOU PARTICIPATED? \_\_\_\_\_

LEVEL AT WHICH YOU CLIMB: \_\_\_\_\_

HOW DID YOU HEAR ABOUT THE LEAGUE? \_\_\_\_\_

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Northern California will kick off 2010 with the **15TH** annual Youth Climbing League. Participating rock gyms will have teams comprised of boys and girls ages 7-18. Participants will have coached practice sessions along with four competitions and a Championship competition against other teams in the league.

The Youth Climbing League is a great opportunity for kid's to improve in rock climbing along with meeting other kid's who climb. The program emphasizes teamwork, safety, sports"person" ship, and fun!

### **PROGRAM BENEFITS**

Coached practice sessions \*Gym user privledges  
Entry to all competitions \* Team shirts  
Sponsor Products \* Trophies and medals

### **FUN!!**

### **PROGRAM COST: \$**

### **PRACTICE SESSIONS**

First Practice:

Days:

Time:

Location: Team Gym

\* The last week of practice sessions will be the week prior to the championships.

Program Length: 8-10 weeks

## **COMPETITION SEASON**

There will be four competitions, one hosted at each team's gym. Competitors will be competing in two catagories: degree of difficulty and speed. Individuals will be awarded points and receive ribbons at each competition. Totaled points will reveal the winning team. The season will end with championship competition, in which trophies will be awarded to teams and individuals. Awards will be based on cumulative performance through out the season.

### **COMPETITION SCHEDULE**

The schedule will be handed out at first practice session. The season runs January through March. Transportation is not provided. Carpooling programs will be available.

**League participation is mandatory in order to compete at competitions.**

## **2010 TEAMS**

**Sunrise Rock Gym/Valley Rock**

(925)960-2455

**Twisters**

(650)967-5581

**CityBeach**

(510)651-2500 x103

**Planet Granite**

(650)591-3030

**Pacific Edge**

(831) 454-9254

**Sonora Rock Gym**

(209)532-5556

Granite Arch

(916)852-7625

### **For Additional Information:**

Contact Aspiring Heights 415.378.3293 or  
allison@aspiringheights.com or www.youthclimbingleague.com

To mail in registration;

Youth Climbing League  
6464 Girvin Dr. Oakland, CA 94611

