

REGISTRATION

TEAM: _____

NAME: _____

AGE: _____ SEX: _____ BIRTHDAY: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP CODE: _____

PHONE: _____

EMAIL: _____

NAME OF PARENT/GUARDIAN: _____

PHONE: _____

IN CASE OF EMERGENCY CONTACT: _____

PHONE: _____

RELATIONSHIP: _____

FAMILY PHYSICIAN: _____

PHONE #: _____

INSURANCE CARRIER: _____

POLICY #: _____

ARE THERE ANY ALLERGIES, MEDICATIONS, OR MEDICAL HISTORY WE SHOULD BE AWARE OF? _____

TEAM INFORMATION:

SHIRT SIZE: KID'S M L ADULT S M L

IS THIS YOUR FIRST YEAR PARTICIPATING IN THE LEAGUE? YES NO

IF NO, HOW MANY YEARS HAVE YOU PARTICIPATED? _____

LEVEL AT WHICH YOU CLIMB: _____

HOW DID YOU HEAR ABOUT THE LEAGUE? _____

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Northern California will kick off 2010 with the **15TH** annual Youth Climbing League. Participating rock gyms will have teams comprised of boys and girls ages 7-18. Participants will have coached practice sessions along with four competitions and a Championship competition against other teams in the league.

The Youth Climbing League is a great opportunity for kid's to improve in rock climbing along with meeting other kid's who climb. The program emphasizes teamwork, safety, sports"person" ship, and fun!

PROGRAM BENEFITS

Coached practice sessions *Gym user privledges
Entry to all competitions * Team shirts
Sponsor Products * Trophies and medals

FUN!!

PROGRAM COST: \$

PRACTICE SESSIONS

First Practice:

Days:

Time:

Location: Team Gym

* The last week of practice sessions will be the week prior to the championships.

Program Length: 8-10 weeks

COMPETITION SEASON

There will be four competitions, one hosted at each team's gym. Competitors will be competing in two catagories: degree of difficulty and speed. Individuals will be awarded points and receive ribbons at each competition. Totaled points will reveal the winning team. The season will end with championship competition, in which trophies will be awarded to teams and individuals. Awards will be based on cumulative performance through out the season.

COMPETITION SCHEDULE

The schedule will be handed out at first practice session. The season runs January through March. Transportation is not provided. Carpooling programs will be available.

League participation is mandatory in order to compete at competitions.

2010 TEAMS

Sunrise Rock Gym/Valley Rock

(925)960-2455

Twisters

(650)967-5581

CityBeach

(510)651-2500 x103

Planet Granite

(650)591-3030

Pacific Edge

(831) 454-9254

Sonora Rock Gym

(209)532-5556

Granite Arch

(916)852-7625

For Additional Information:

Contact Aspiring Heights 415.378.3293 or
allison@aspiringheights.com or www.youthclimbingleague.com

To mail in registration;

Youth Climbing League
6464 Girvin Dr. Oakland, CA 94611

